

Be an Empowered Patient!

Ask your doctor about

- What is my health problem?
- What do I need to do?
- Why do I need to do this?

Seek a second opinion

- You have the right to request another medical opinion

Speak up

- Speak up when you see something wrong
- Speak up when you feel something is wrong
- Speak up when you do not understand something
- Report when you face a medical error



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Before signing the informed consent

- Ask: what might happen when refusing the treatment?
- Ask questions to make sure you understand all treatment options
- Ask healthcare providers to explain it in plain language

Ask for clear explanation of everything related to the informed consent. For example:

- All your treatment options
- The names of your healthcare providers
- Healthcare providers' experience and training
- Healthcare providers' roles
- All benefits, risks, and possible side effects of all options
- Clear description of future healthcare plan
- How the treatment will be done
- Why will the treatment be helpful
- Repeat what you heard to make sure you understand

