



# Be an Empowered Patient About Medication Safety

## Keep a list of your medications

### Make sure to have a medication list

whether its prescription and non- prescription, bring it with you to every appointment to present it to your doctor

## Keeping a list of your medications will help in



reminding  
your doctor and  
pharmacist of  
your current  
medication



minimizing the  
unnecessary  
prescription of  
medication



organizing your  
medication  
regimen at  
home



## Your Journey as an Empowered Patient at Home



Read all the medication information and keep the medication leaflet



Store your medication in its original bottle and do not mix medications



Do not share your medication with others



Make sure to store most of the medication in a dry place, away from direct light



Close the bottle tightly to avoid any moisture getting inside